Health Policy

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This is an interesting post about the role of advocacy on healthcare policy. Advocacy refers to the act of supporting or defending a given action or recommending something on behalf of others. A nurse can use various advocacy actions to support healthcare policy. Through advocacy, nurses can channel the massage or information about inadequately conceived laws, policies, and regulations or even the absence of a law in some nursing areas. One of the advocacy actions that nurses can use to advocate for a healthcare policy includes communicating with lawmakers about various key issues, laws, and regulations that need to be established (Water et al., 2016). Active involvement of nurses in the health policy issues influenced the lawmakers to formulate and implement various healthcare policies. For instance, nurses can advocate for the establishment of effective policies that can help enhance equality, justice, and equity in healthcare (Water et al., 2016). Secondly, nurses can use professional organizations, such as American Nursing Associations (ANA) to communicate various healthcare policy suggestions to policymakers (Water et al., 2016). Professional associations such as ANA are more influential as compared to individual nurses.

Florence Nightingale is an example of a nurse advocate in nursing history. Nightingale advocated for the nurses, patients, and society as a whole. She used leadership techniques to advocate for patients. For instance, while serving as a hospital administrator, she persuaded the government officials to implement various evidence-based practices in the military medical organizations, such as hand hygiene practices to create a healing environment.
Kunaviathalak, 2019). Also, Nightingale advocated for nurses. Since the healthcare industry keeps on changing, she supported the establishment of policies to supporting nursing training and education to improve the nurses' knowledge and skills to work in the changing healthcare environment (Bettchem, 2020).
References

