

Nursing

Student's Name:

Institutional Affiliation:

## Nursing

The article hereby entitled, “The Globalization of Eating Disorders Essay,” written by Bardo, has a great significance to the anticipated readers since she points out the process of globalization that do affects not just the economy and the trade, which at the time were its main drivers but as well other areas counting the culture and politics. According to the article, cultural changes transpires under the effects of globalization, and they may not be obvious, though, their impact may be a large-scale affecting area and issue that seemed unchangeable as in case of national cuisine, eating habits and food culture. The readers are at a great advantage of understanding the effects brought about by the globalization as the author of the article further goes on to emphasize that, globalization has introduced common standards of female beauty that has caused same behaviour in females particularly the girls regarding their eating habits causing the development of eating disorders like nausea and also bulimia nervosa and with this important

**information concerning globalization captured by the author, they will be able to understand the possible effects and avoid it.**

**However quotes can support my views concerning globalization as it has been revealed by the author in her article. For instance, she states that, “cultural expansion of west contributed to the change in food traditions and caused emergence eating disorders worldwide,” and further points out that, “western stereotypes and principles of female beauty have a habit to dominate and affect other nations and create parts of world (Bardo n.d).” Similarly, she states that,**

"spread of the western culture, eating habits and lifestyle driven by the mass media has resulted in emergence of eating disorders globally". All these are facts that reveal what globalization has brought around and the writer is explaining this can be able to avoid these habits to prevent eating disorder.

### Reference

Smith, (2011). The Globalization of Eating Disorders *Emerg. psc.* <https://doi.org/10.1007/s12043-011-9120-2>  
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